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Issue  
**SEVEN**

A Monthly Newsletter for the Coppell/Valley Ranch Early Childhood PTA

# early childhood *chatter*



*Welcome New Babies!*

*Maggie Jane Williford,*  
born December 30th to  
Tara Williford

*William Rogers Dempsey,*  
born January 24th to  
Jennifer Dempsey

*Alexa Marie Diamond,*  
born January 17th to  
Monica Diamond

*William Pate Cothran,*  
born to Mary Kyle Cothran.  
*Congratulations!*

## Preschool Registration

Preschools are starting the registration process for 2012-2013. If you aren't already at a preschool, start looking around now to get your spot.

The C/VR ECPTA hosted another successful preschool open house in January. Thanks to Kalli Barker for all her hard work!

## Kindergarten RoundUp

Do you have a school aged child ready for kindergarten? Call your school campus to schedule a time to register your child between February 6-10.

# Children's Activities—February



Run & Jump with Us!  
Friday, February 10<sup>th</sup>  
10:00-11:30 am  
Jump Zone

280 Commerce Street, Southlake

\$5.50/child, under 2 free with one paid admission, snacks are allowed, please remember socks



Gymnastics Trial Class  
Monday, February 27<sup>th</sup>  
10:00-10:45 am  
2 & 3 year olds

Texas Dreams Gymnastics Trial  
Class 117 Wrangler Drive, Suite  
175, Coppell, free



Monday, February 27<sup>th</sup>

10:45-11:30 am

4 & 5 year olds

Texas Dreams Gymnastics Trial  
Class

117 Wrangler Drive, Suite 175,  
Coppell, free



## "Smart Shopping"

February Parent Event at the  
Coppell YMCA

with speaker *Laura Thornquist*

**Monday, February 13th—6:30pm**  
(childcare available until 8:30pm)

It's the post-holiday time of the year and the bills are rolling in. Come learn how to keep your money with money-saving strategies that you can use on everything from groceries, entertainment, and clothing, to those big purchases like electronics and furniture. Our speaker is Laura Thornquist. Laura is a mother of two and runs the

[MyDFWmommy.com](http://MyDFWmommy.com) website. Laura states that she was

impacted by the economy in late 2008 in a big way with job losses and transfers and soon discovered a new frugal way of living. After learning valuable coupon strategies she was hooked on

"frugality" and these strategies changed her life. You can catch Laura at our February Parent Event on February 13<sup>th</sup> at 6:30 pm and on WFAA channel 8 between 6:00 am and 7:00 am each weekday morning.



Vicki Chiavetta, the Cozby Public Library Director, will also speak for a few minutes about all the free services and programs that the library offers.

## Childcare



The ECPTA covers the cost of your childcare during the meeting. All you have to do is reserve a spot online or contact Nicole Frieder at [nicolefrieder@hotmail.com](mailto:nicolefrieder@hotmail.com) to reserve your spot today! The deadline for child care reservations is Thursday, February 9<sup>th</sup>.

## Playgroups

Calling out for new playgroups!

If you are interested in a playgroup for children around 12-18 months old or for babies under a year, email Renee Gill with your child's DOB!

Playgroups are a great way, probably one of the best ways, to meet new moms and develop friendships for years to come!

Looking forward to hearing from you soon!

## Individual Chocolate Mousse Cakes

FROM THE KITCHEN OF

### Wednesday Foster

- |  |                     |
|--|---------------------|
| 1 1/4 Cups sugar, divided                  | 1 T dark rum        |
| 1/2 Cup unsweetened cocoa                  | 1 t vanilla extract |
| 2 T all-purpose flour                      | 2 lg eggs           |
| 1/8 t salt                                 | 1 lg egg white      |
| 3/4 Cup water                              | cooking spray       |
| 5 oz bittersweet chocolate, finely chopped |                     |

Preheat oven to 350 degrees.

Combine 3/4 cup sugar, cocoa, flour, and salt in a small saucepan. Add water; stir well with a whisk. Bring to a simmer over medium heat; cook 2 minutes, stirring constantly. Place chopped chocolate in a large bowl. Pour hot cocoa mixture over chocolate; stir until chocolate melts. Stir in the rum and vanilla.

Place 1/2 cup sugar, eggs, and egg white in a bowl; beat with a mixer at high speed for 6 minutes. Gently fold the egg mixture into chocolate mixture.

Divide chocolate mixture evenly among 10 (4 oz) ramekins coated with cooking spray. Place ramekins in a 13x9 inch baking pan; add hot water to pan to a depth of 1 inch. Bake at 350 degrees for 25 minutes or until puffy and set. Serve warm. Yield: 10 servings.



Please join us February 17<sup>th</sup> at 10:30 for a tour of Scottish Rite Hospital. Scottish Rite is a leader in children's orthopedics. They have agreed to escort parents and children on a tour of their facility and finish with popcorn.

**Friday, February 17th, 10:30am**  
**Texas Scottish Rite Hospital**  
**2222 Welborn Street, Dallas 75219**

In addition, please consider taking a few moments by yourself or with your playgroup to create a poster board sign to deliver on the tour day. These are used as cards for the patients at Scottish Rite. Scottish Rite offers the following guidance for your poster.

- Please make your design on poster board and leave a large space for a child's name to be written in and TSRHC staff/patients to sign.
- We appreciate your creativity in artwork and designs but suggest avoiding use of "Get Well Soon," "I love you," "God Bless You," or other religious references.
- Signs should simply say "Happy Birthday," "Way to Go," "You Did it," or "Congratulations."

Poster boards will be available at the February ECPTA meeting. Simply pick one up and bring it with you decorated on the tour day. Hope to see you there!



*Sign Language & Pizza*

A huge thanks to all of the families who attended our Sign Language and Pizza event at the Carrollton Public Library!

Mrs. Ashley Fleetwood was funny, fun, and even educational as she taught our group how to sign about numbers, pets, food, and manners! The picture below shows the kids signing for "oranges" from her bowl.

## Expecting?



Are you or is someone you know expecting? Please let us know so our Sunshine Committee can provide them with some meals once the baby is born.

Contact Megan  
 megandishaw@yahoo.com



## Bunko!

Let's roll the dice & have some fun!

Thursday, February 9th, 7pm

Nancy Maurer's home

\$2 to play, winners take home cash.

# the calendar...



Thursday, February 9th: Bunco at Nancy Maurer's home at 7pm, \$2

Friday, February 10th: JumpZone 10-11:30am, \$5.50/child

Monday, February 13th: "Smart Shopping" with Laura Thornquist at the YMCA at 6:30pm. Childcare available until 8:30pm.

Friday, February 17th: Scottish Rite Hospital Tour, 10:30am

Thursday, February 23rd: Mom's Night Out at Parma's Pasta & Pizza (BYOB), 7pm

Monday, February 27th: Texas Dreams Gymnastics Trial Class 10-10:45, 2 & 3 year olds

Monday, February 27th: Texas Dreams Gymnastics Trial Class 10:45-11:30, 4 & 5 year olds

Wednesday, February 29th: Project Night at Wednesday Foster's home, 7:30pm.

## PLANNING AHEAD

Monday, March 19th: Parent Event at the Coppell YMCA at 9:30, "Getting Your Mix Right: Sibling Rivalry"

## CVRECPATABoard

PRESIDENT Stephanie LoCascio

VICE PRESIDENT Kali Barker

TREASURER Julie Seedig

SECRETARY Holly Stout

PARLIAMENTARIAN Kim Stricklin

ADULT ACTIVITIES Sarah Garbarino

ADVERTISING OPEN

CHARACTER & SPIRITUAL Courtney Segars

CHILDREN'S ACTIVITIES OPEN

CHILDREN'S PARTIES Cathy Blazek

FUNDRAISING Caroline Parra

HOSPITALITY Maria Pokluda

MEMBERSHIP Nancy Maurer

NEWSLETTER Laurel Ebner

NURSERY Nicole Frieder

PLAYGROUPS Renee Gill

PROGRAMS Wednesday Foster

PUBLICITY Tiffany Gatlin

SILENT AUCTION Stacey Asher

WEBSITE Todd Hutchinson



Nancy Maurer 2/4

Deby Osmond 2/23

Wednesday Foster  
2/6

Jennifer Dempsey  
2/23

Melissa James 2/7

Ana Slaton 2/14

Kim Stricklin 2/17

Megan Dishaw 2/20

Leigh Walker 2/20

Becky Wall 2/23



## Adult Groups

*Adult groups are a great way to meet and connect with other parents. Join us for drinks, a movie, coffee or a fun outing.*

**PROJECT NIGHT**—Wednesday Foster's home, Wednesday, February, 29th at 7:30 PM, Join us for drinks as you cross something off your "to do" list. RSVP: [wednesdayfoster@yahoo.com](mailto:wednesdayfoster@yahoo.com)

**MOM'S NIGHT OUT**—Parma's Pasta & Pizza (BYOB), Thursday, February 23rd at 7pm. RSVP: [hollystout@gmail.com](mailto:hollystout@gmail.com)

**BUNCO**—Nancy Maurer's home, Thursday, February 9th at 7PM, \$2 to play and winners take home the money! We need 12 to play—the more the merrier! RSVP: [nan\\_maurer@yahoo.com](mailto:nan_maurer@yahoo.com)



COPPELL/VALLEY RANCH EARLY CHILDHOOD PTA

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